



## **NORTH ALLEGHENY BOYS SOCCER PRESEASON HANDBOOK**

### **1. INTRODUCTION**

As we approach tryouts and the start of the 2023-24 North Allegheny Boys Soccer (NABS) season, the 55th year of this storied program, we wanted to pass along some important information to all parents of NABS prospects. Please read this information entirely before asking any questions.

As you may know, Coach Manuel Montero was hired last season as the new Head Coach of NABS. Following Coaches Bruno Schwarz ('68-'04) and Bobby Vosmaer ('05-'21), Coach Montero is the third NABS head coach in its 55 year program history. Last season, Coach Montero set out to work immediately implementing his vision for the future of the NABS program. With his extensive experience coaching soccer at the club, high school, and collegiate level in California, where soccer is extremely competitive and the talent pool deep, Coach Montero is focused first and foremost on the development of his players as athletes, competitors, and outstanding young men. As a U.S. Army veteran, Coach Montero's coaching style emphasizes the virtues of discipline, respect, and courage.

Last season Coach Montero and his staff began to implement changes to the NABS program that are intended to enrich the experience for all athletes from 7<sup>th</sup> grade through varsity, with the overarching goal of returning North Allegheny to its stature as a leading WPIAL boys soccer program. Since joining WPIAL in the 1968 season, NABS has captured nine top-division WPIAL titles ('75, '76, '78, '92, '94, '96, '99, '16, and '17) and one PIAA title ('00), a feat bested only by Mt. Lebanon with 10 WPIAL titles over that same time period. No other AAAA WPIAL boys soccer program comes close to matching North Allegheny's record of competitive success.

The NABS Boosters organization has played a central role in the operations of NABS for decades and has been a key partner in the program's success. The NABS Boosters are committed to help Coach Montero realize his vision of the future for the NABS program. To that end, there are many opportunities for all to become involved in something that is sure to be one of your son's fondest memories of their time as a North Allegheny student-athlete.

We realize that the parents of NABS prospects are likely to have many questions, especially those new to the program. This document is intended to provide some general information regarding

the upcoming season and the expectations of program participants. We hope that this document will answer many of your questions.

## **2. TRYOUTS**

### **2.1 Tryout Location and Schedule**

Tryouts for **all NABS teams** will be held at North Allegheny Intermediate:

North Allegheny Intermediate (NAI)  
350 Cumberland Road  
Pittsburgh, PA 15237

#### **10th, 11th, & 12th graders:**

August 14, 15, 16  
10 AM – 12:30 PM

#### **9th Graders:**

August 14, 15, 16  
12:30 PM – 2:30 PM

**Note: Only selected 9<sup>th</sup> graders will be invited to tryout with upperclassmen beginning August 15. Invites will come directly from NABS coaching staff. Every 9th grader needs to report to 9th grade tryouts on Monday Aug. 14 @ 12:30 PM.**

#### **7<sup>th</sup> and 8<sup>th</sup> graders:**

August 15, 16\*  
3:00 PM – 5:00 PM

\*Aug 14 tryout rescheduled due to inclement weather, details TBD.

**IMPORTANT: All NABS prospects must attend all three tryout dates.**

Please **plan to arrive at least 20 min** before the start of the scheduled tryout time as Coach Montero will get started promptly and **athletes are expected to warm up on their own** prior to the start of the planned tryout activities. NABS Booster representatives will be onsite to help check kids in to the tryouts and pass out pinnies.

All NABS prospects must bring the following to each day of tryouts:

- Soccer cleats

- Running shoes
- Shinguards
- Water
- Sunscreen

NABS coaches will be evaluating the technical, tactical, physical, and mental aspects of the game.

## 2.2 Tryout Format

| Day 1:  | Day 2:   | Day 3:  |
|---|--|---|
| <ul style="list-style-type: none"> <li>• Warm-up (on their own prior to start time)</li> <li>• <a href="#">Cooper test</a> (JV/V)</li> <li>• <a href="#">Beep Test</a></li> <li>• Passing technical</li> <li>• 1v1s</li> <li>• Scrimmage</li> </ul> | <ul style="list-style-type: none"> <li>• Warm-up (on their own prior to start time)</li> <li>• 3v3's</li> <li>• Scrimmage</li> </ul> | <ul style="list-style-type: none"> <li>• Warm-up (on their own prior to start time)</li> <li>• Passing technical</li> <li>• Positional Play</li> <li>• Scrimmage</li> </ul> |

**Note:** The Cooper and Beep test will begin promptly at the beginning of the JV & Varsity tryout. If a player is late, they will not be able to run the tests and therefore will not have data points. The Cooper test will: a) help the coaching staff determine a prospect's current fitness level (not applied to middle school), and (b) factor into the order in which rostered athletes select their jersey number. Jersey number selection will be a combination of the Cooper test and grade level. Seniors will select first beginning with the fastest Cooper test and through the slowest. The process will be repeated for Juniors, Sophomores, and lastly any Freshman until all numbers have been assigned. The only caveat is that athletes will have to select jersey numbers from those available in their preferred size.

## 3. ROSTERING

Roster decisions for all NABS teams are strictly merit based and made with the overarching goal of maximizing player development across five NABS teams. Your child's roster placement will be development appropriate, giving full consideration to their physical, technical, tactical, and mental abilities at the current stage of their development. Varsity roster spots will be focused on competitive success and therefore grade level will not be taken into account. The best 18 players from grades 9-12 will be selected for the Varsity roster.

### 3.1 Rostering Philosophy

One key change implemented by Coach Montero is that athletes are not rostered strictly according to grade level. Player development is at the forefront of Coach Montero's philosophy,

and therefore placing your child in the appropriate development environment is key to defining their development trajectory. Rostering decisions must balance resistance and success. Too much resistance and it leads to frustration and low confidence. Too much success leads to bad habits, low effort, and ultimately an athlete not achieving their full potential. By finding the right balance of success and resistance for your son, we can maximize his unique development path. Keep in mind that every single child develops at different rates in all aspects (physical, technical, mental...) and the best players this season may not be the same as next season. This is especially true with athletes in grades 7-9, who are in the early stages of puberty. Your son will be placed on a team commensurate with his current stage of development, but that can change dramatically from one season to the next. Coach Montero's goal is to define a development trajectory for each child that maximizes their chances of playing Varsity soccer in an extremely competitive WPIAL 4A boys soccer program. This will in turn make our Varsity team stronger in coming years: a rising tide lifts all boats.

Team names will be as follows: **Varsity, JV, Black, Gold, & White**.

### **3.2 Roster Notification**

Roster decisions will be made by the close of the last day of tryouts and are at the discretion of NABS coaches. Varsity and Junior Varsity rosters will be posted on the NA Athletics website on the evening of Aug. 16 so that athletes accepted have the opportunity to prepare for the Camp Guyasuta Leadership Camp and the team picnic the following day.

Black, Gold, and White team roster decisions will be announced via TeamSnap after the final day of tryouts. As required by NA Athletics, we will be using the SportsYou app for in-season communications. More information will be circulated on this following tryouts and rostering.

### **3.2 Accepting/Declining Roster Offer**

Roster offers will be assumed to be implicitly accepted.

Prospects can decline an offer to play above grade level or decline the roster spot they are offered. Above all, we want our players to be excited for this opportunity and to have fun. If your child decides not to accept their roster spot, it will not count against them for future participation in NABS. That said, it is true that athletes that remain in the program will have an advantage in making a team in subsequent seasons because they will be more familiar with our style of play, our culture, and our training methods, and more importantly because our coaches will gain a much better sense of each athlete's abilities, training habits, attitude, and mentality after a season's worth of observation. This carries more weight than what we can glean from a three day tryout. Jumping back in the program will place more pressure for your child to perform during tryouts as we can only evaluate what we see across three days.

**If your child is declining their roster offer**, Coach Manuel needs to know immediately as it will free up a roster spot for someone else.

### **3.3. Communications Platform**

North Allegheny Athletics requires the use of the SportsYou app for all team communications and scheduling. Details on using the app will be circulated upon roster acceptance.

## **4. LEADERSHIP CAMP AND TEAM PICNIC**

**Note: These events are limited to JUNIOR VARSITY and VARSITY rostered athletes only.**

All players accepting JV and Varsity roster spots will be expected to attend the NABS Leadership Camp held at [Camp Guyasuta](#) on Thursday, August 17 from 9:00 AM – 1:00 PM and followed by a team picnic with Sports Activities from 2:00-5:00 PM. The camp is an opportunity for our players to get to know their teammates and coaches better and also begin to form the bonds that are crucial to success on the field. That afternoon, NABS Boosters will be sponsoring a team picnic and sports day at Blueberry Hill Park in Franklin Park, beginning at 2:00 PM for all JV and Varsity rostered players.

Transportation will be provided to Camp Guyasuta. The bus will leave from Blueberry Hill Park promptly at 8:10 AM so be there at least 15 minutes early. The bus will drop the players back off at Blueberry Hill Park for the picnic around 2:00 PM. Athletes can leave their cars at Blueberry Hill, which is where the bus will pick up and drop athletes off:



## **5. NABS BOOSTERS ORGANIZATION**

### **5.1 Boosters Activities and Benefits**

If you have participated in the NABS program in the past, you are already acquainted with the NABS Boosters organization and understand how much it does to support the NABS program

both operationally and financially. For those new to the program, NABS Boosters organizes and/or subsidizes events throughout the season which includes: the Leadership Camp, Pre-Season Picnic, Senior Night, Pack the Pitch/SoccerFest, team dinners, middle school pizza parties, team photos, Middle School Recognition Night, and the NABS Banquet at the end of the season. The NABS boosters also subsidizes the costs of some field/training equipment, match video recordings, and provide an additional coaching stipend. The NABS Boosters is responsible for organizing fundraising activities that augment Booster dues, such as manning the concession stand for NA athletic events.

NABS Boosters is a tax-exempt 501.c(3) registered entity.

## 5.2 Booster Dues

The NABS Booster dues schedule for the 2023-24 season is as follows:

|  |                     |
|--|---------------------|
| <b>Junior Varsity/Varsity Team:</b>              | <b>\$225/season</b> |
| <b>Middle School (White, Gold, Black) teams:</b> | <b>\$125/season</b> |

The Booster dues schedule corresponds to the team your child is rostered on. Instances where a 9th grader is rostered on Junior Varsity or Varsity teams, the JV/V dues apply.

Booster dues are a participation requirement and must be paid in full upon roster acceptance and prior to uniform distribution (see below). **Your child will not be issued a uniform until their dues have been collected.**

Dues may be remitted in one of two ways:

1.) Using Paypal (preferred)

- Use this Link: [https://paypal.me/NABSboosters?country.x=US&locale.x=en\\_US](https://paypal.me/NABSboosters?country.x=US&locale.x=en_US)
- Send money to our Paypal ID: @NABSboosters
- Scan the QR codes provided at the end of this document with your phone's camera

2.) By personal check payable to NABS Boosters. **We must receive this when uniforms are distributed.** For JV and Varsity athletes that will be **on Thurs Aug 17 from 3-5 PM at the Blueberry Hill Picnic.** White, Gold, and Black team uniforms will be distributed during the week of Aug 21. See section 6.5 below for more details.

The NABS Booster dues schedule is comparable to other NA team sports and is intended to place less emphasis on fundraising initiatives that depend largely on the participation and the finances of the parents of NABS athletes.

## 5.3 Booster Organization Obligations

Every family of a NABS athlete belongs to and is a beneficiary of the NABS Boosters Association. NABS could not function without the operational and financial support of the Boosters, and the NABS Boosters could not function without the volunteer efforts of NABS families. We hope that all will recognize the importance of the NABS Boosters and the support they provide to the athletes, coaches, and the NABS program as a whole. We also hope that this will encourage all families to volunteer a little of their time to help with the many NABS Booster functions. Volunteering to assist the Boosters is a great way to get to know other NABS parents, many of whom will become more familiar and friendly as your child progresses through the program. Being active in the NABS Boosters ensures that parents have an opportunity for some fun<sup>1</sup> along with their sons ! Volunteering in any capacity is appreciated and strongly encouraged.

In addition to the optional volunteer roles, each family will maintain two mandatory obligations to the NABS Boosters: (1) remitting NABS Booster dues, and (2) manning two (2) concession stand shifts. Staffing the concession stand at NABS matches and NA football games provides as much financial support for the NABS program, as the collective sum of Booster dues collected; and together, these two sources of income support most of the NABS program budget. **Every family of an NABS athlete(s) is required to work two (2) concession stand shifts during the season**, regardless of your son's grade level or the number of children you have in the NABS program. This has long been a program obligation, and it represents only a few hours worth of service to the organization over the entire season. Compliance with this obligation has not required aggressive enforcement, but over the past few seasons it became clear that fewer families were taking this obligation seriously. This has unfairly placed undue burden on those willing to volunteer. If NABS Boosters declined to share in concessions operations, we would have to double our program dues or curtail many enriching and fun activities for athletes and their families.

As a result, when an athlete is issued their uniform, a deposit is required (see section 6.4 below). This deposit will now serve as collateral to ensure compliance with the concession stand staffing requirement. Families failing to: (i) return their uniform, or (ii) complete two (2) concession stand shifts will not receive their deposit back at the conclusion of the season.

**The deposit/collateral check will be held by the boosters and not cashed if, by the close of the season, both conditions are met:**

- 1) The loaned uniform articles are returned
- 2) The NABS family has fulfilled its concession stand obligation

Since the NABS program relies heavily on concession stand revenues, it is only fair that all participating families share this burden. Between regular season and post-season soccer matches and football games, there are ample opportunities for families to meet their concession stand obligation. You might be surprised how much fun you can have hocking hot dogs, chips,

---

<sup>1</sup> You'll have to trust us on this one.

and pretzels with other parents in the NABS program. It's also a great opportunity to get to know others if you are a newcomer!

## **6. UNIFORMS**

### **6.1 Requirements**

There are some additional changes to the NABS uniform package being introduced this season. Some of the uniform articles are the property of the NA school district and are issued to the players for the duration of the season. These are primarily the match kits. We are pleased to announce that all middle school teams will receive new match kits this season with a consistent style and appropriate sizing. Details on uniform distribution will be

Last season, the NABS boosters purchased waterproof cold-weather parkas that were added to the JV and Varsity uniform distribution. This season, JV and Varsity athletes will be issued Nike warm-up pants with ankle zippers as part of the uniform distribution, at the request of the athletes. These will be used in place of the sweatpants that were purchased last season as part of the training kit, which were difficult for some to get on and off quickly in a match while wearing cleats. Athletes may wear the sweatpants before training, to school, workout, etc., but the new warm-up pants are to be worn on match days. Both the parkas and warm-up pants are provided with the support of the NABS Boosters and are the property of NABS. The match kits are the property of North Allegheny School District. Like the match kits, the parkas and warm-up pants are loaned and must be returned at the end of the season.

Some additional uniform articles are a program requirement. These additional uniform articles (see below) are purchased by the athletes upon roster acceptance and are theirs to use and keep. These items do not need to be purchased every season. The expectation is that athletes will purchase these articles once and use them until they graduate or advance to the JV/Varsity level, unless they are otherwise outgrown, lost, or become otherwise unwearable. The NABS Boosters is assisting Coach Montero and NA Athletics with the ordering and distribution of these additional uniform articles, including collecting funds to reimburse the Athletics department for their purchase. The uniform requirements differ for middle school and Varsity/JV teams, but the styles are continuous across all five NABS teams.

Athletes in the program last year will likely have all of the required training uniform pieces, and therefore will not need to purchase these items again, unless they've been outgrown or lost. The one exception will be those athletes transitioning from MS rosters to JV or Varsity rosters. Those athletes will be required to purchase the training hoodie and backpack. Athletes new to the program (primarily rising 7<sup>th</sup> graders), will need to purchase the entire training kit. Athletes requiring a larger size or the replacement of missing items can purchase those items, ala cart as needed. Information regarding how to purchase these training uniform articles will be circulated at a later date.



In addition, each player in the NABS program will receive a senior-designed Dri-fit T-shirt sponsored by the NABS Boosters at no cost. This is a NABS tradition, and the senior-designed T-shirt can be worn to school, workouts, out on the town, etc. to promote awareness and excitement for the upcoming season.

## **6.2 Junior Varsity and Varsity Uniform Package**

The 2022-23 uniform package for Junior Varsity and Varsity rostered athletes includes:

### **Basic Uniform Articles:**

Home Match Kit (Black) - returned at end of season  
Away Match Kit (White) - returned at end of season  
Pre-match jerseys (Yellow) - returned at end of season  
Home Socks (Black) - does not need to be returned  
Away Socks (White) – does not need to be returned  
Waterproof Bench Parka – returned at end of season  
Warm-up pants (New this season!) – returned at end of season

### **Additional JV/V Required Uniform Articles:**

|                                       |      |
|---------------------------------------|------|
| Black Nike Tiempo II Practice jersey: | \$25 |
| Black Nike Classic II Practice short: | \$20 |
| Grey Nike Tiempo II Practice jersey:  | \$25 |
| Grey Nike Classic II Practice short:  | \$20 |
| Black Nike Therma pullover hoodie:    | \$50 |
| Grey Nike Academy backpack:           | \$45 |

## **6.3 Middle School (7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> grade teams) Uniform Package**

The 2022-23 uniform package for Middle School rostered athletes includes:

Home Match Kit (Black) - returned at end of season  
Away Match Kit (White) – returned at end of season  
Home Socks (Black) - does not need to be returned  
Away Socks (White) – does not need to be returned  
Black Raincoat (Black team only) - returned at end of season

### **Additional Middle School Required Uniform Articles:**

|                                       |      |
|---------------------------------------|------|
| Black Nike Tiempo II Practice jersey: | \$25 |
| Black Nike Classic II Practice short: | \$20 |
| Grey Nike Tiempo II Practice jersey:  | \$25 |
| Grey Nike Classic II Practice short:  | \$20 |

The NABS Boosters will have a sufficient stock of these articles to meet the expected roster needs this season. We will distribute them and collect required payments at a time TBD. Details will be circulated to athletes after roster acceptance.

#### **6.4 Uniform Deposit/Collateral**

In addition, collateral of \$100 per player is required to:

1. Reimburse NASD for any lost uniform articles. The uniforms are the property of NASD and the NABS Boosters Association assumes responsibility for their return to NASD at the end of season.
2. Ensure that all NABS families fulfill their obligation to staff the concession stand.

The uniform deposit/collateral should be furnished when uniforms are distributed with a personal check made out to NABS Boosters with "Uniform Deposit" in the memo line. **This check will be held by the NABS Boosters treasurer in a safe location and will be returned or destroyed at the end of season once it is verified that the uniform has been returned and the family has met its concession stand obligation.** Other uniform articles are the property of the athlete and do not need to be returned at the end of the season. For the avoidance of doubt, families with multiple sons in the program, who fail to complete their concession stand obligation will only be charged one (1) of their collateral deposits. Please note, this collateral return caveat does not apply (or relate in any manner) to each family's obligation to return full kits at the end of the season.

#### **6.5 Uniform Distribution Procedure**

JV and Varsity Uniforms will be distributed at the Picnic at Blueberry Hill on Thursday August 17. White, Gold, and Black team uniforms will be distributed on at a later date TBD. We are getting new MS uniforms this season and they are expected to arrive during the week of Aug 21.

**The Boosters assumes responsibility for returning team uniforms at season end and therefore they will not distribute a uniform to your child until payments have been received. Please see the checklist at the end of this document.**

JV and Varsity players will be able to select from the available jersey numbers in their preferred size based on a prioritization scheme at the discretion of Coach Montero. Middle school uniforms will be distributed to optimize fit across the team and these younger athletes may not get their preferred jersey number. Practice kits, sweatsuits, and parkas are not numbered as a player's jersey number may not be the same from season to season.

## **7. LOCKER ROOM**

We will be making more effective use of the NABS locker room this season, which is a great facility that would be the envy of some collegiate soccer programs! Each JV and Varsity athlete will be assigned a locker with a personalized nameplate that is theirs to use exclusively throughout the season. Athletes should bring a combination lock to secure their belongings. The NABS locker room will also be used for video analysis sessions, pre-match preparation, and most importantly a post-match recovery program that Coach Montero is implementing with the assistance of NA's athletic trainers.

## **8. NABS SPIRITWEAR SALE**

We are happy to announce that our annual NABS Spiritwear sale is now underway! All sales will be transacted at our online NABS Spiritwear Store:

<https://stores.inksoft.com/nasoccerboosters/shop/home>

The website will open on Aug 16 and will remain open until August 27 at midnight. We expect items to be delivered in mid-September. Your team parent will distribute the merchandise at practice once the items arrive, so please be on the lookout for that notification. A portion of the proceeds benefits the NABS Boosters, so you are supporting both your child's NABS team and the Boosters by shopping our Spiritwear sale.

## **9. PARENT MEETING**

There will be a booster meeting Weds. Aug 16 @ 7 PM in the Ponce Room for parents of athletes in grade 9-12. Parents of rostered NABS athletes are strongly encouraged to attend. Because of the rescheduled tryouts for grades 7-8, we will have a separate meeting after practice during the week of Aug 21. Details will be circulated ASAP.

## **10. NABS BOOSTERS OFFICERS AND VOLUNTEER POSITIONS**

The NABS Booster board comprises a President, Vice-President, Secretary, Treasurer, and Co-Treasurer. The current NABS Booster leadership volunteered at the end of the previous season, and this small group of officers has been working hard all summer long to prepare for the upcoming season. At the Parent Meeting, NABS Boosters will seek volunteers to assist with a variety of functions throughout the season. In the spirit of "many hands make light work", we hope that we can count on every NABS family to volunteer to assist with some aspect of NABS operation. Volunteer positions include:

**Team Parents:** A parent representative is needed for each of the five teams to assist with team management. Duties include managing the TeamSnap account for that team, assisting with

uniform distribution and collection. A Team Parent is needed for: MS White, MS Gold, MS Black, Junior Varsity, and Varsity teams.

**Banquet Coordinator:** The end-of-season NABS banquet is a long-standing tradition. All NABS athletes and their families are invited to attend. Here, we celebrate the success of our teams, honor departing seniors, celebrate the special achievements of individuals, thank coaches and volunteers, and most importantly mingle and have fun. The banquet will be held at the Chadwick in Wexford on Tuesday, Nov. 28. The Banquet Coordinator will be responsible for overseeing the event and will oversee the Banquet Committee.

**Banquet Committee:** We will be seeking 3 to 5 volunteers to assist the Banquet Coordinator with duties related to the annual NABS banquet, including ticket sales, decorations, menu planning, check-in, etc.

**NABS Yearbook:** Each year, NABS produces a commemorative yearbook that is given to all athletes at the end-of-season Banquet. Volunteers familiar with graphic design and print media are needed to prepare the yearbook and coordinate printing and dissemination.

**Concessions Coordinator:** Concession stand revenues are the single largest piece of program income. We could not operate NABS without concession stand revenues, and the NA Athletics Dept. requires that each team share in the operations of the concession stand. This is one of the most important and demanding volunteer positions in the boosters. The concessions stand coordinator will oversee the Concessions Committee, which is responsible for managing concession stand volunteers.

**Concessions Committee:** 2-3 parent volunteers are needed to assist the concessions coordinator with various functions.

**Concessions Volunteers:** Every NABS family is required to assist with concession stand operations by manning the concession stand at NABS and other NA Athletics events. Parents of each NABS athlete (grades 7-12) are required to volunteer for a minimum of two shifts during the season (See Section 5.3).

**Spiritwear Coordinator:** Coordinate our annual spiritwear campaign, which includes selection of items to be offered, coordinate sales, and distribution of orders to team parents.

**Team Photographers:** We will be seeking a Team Photographer for each NABS team to provide action shots for our social media outlets, the NABS Yearbook, and Banquet presentations. If you're a shutterbug and plan to attend most of your child's matches please consider volunteering for this role.

**Senior Night Coordinator and Committee:** Coordinate senior night recognition, order materials, reserve the NA arch, prepare script that highlights senior accomplishments, plan evening celebration. This requires a committee of 3 to 5 parents.

**Fundraising Committee:** The Fundraising Committee will include both NABS Booster Co-treasurers and 3 to 5 additional volunteers to plan and execute fundraising activities.

**Social Media/Public Relations Coordinator:** We need 1 or 2 parent volunteers to assist with publicity functions. Student volunteers will be responsible for some social media content, but a parent volunteer is needed to help out and also approve student-provided content to ensure that it is appropriate for public dissemination.

**Alumni Outreach:** We need 2 or 3 parent volunteers to help with alumni outreach functions. We want to bring NABS alumni back into the fold and celebrate the legacy of the NABS program. The current athletes will benefit from the collective experiences of five decades of NABS alumni, provide networking opportunities after graduation, and increase alumni attendance at NABS matches. We are planning an alumni recognition event this season, that will include a pre-game (and probably a post-game) mixer, on-field ceremony, and more. We need parent volunteers, ideally with NA alumni association connections, to help locate and connect with NABS alumni and coordinate alumni outreach events and functions.

**Video Coordinator:** Need a volunteer to interface with hired videographer to coordinate match video recordings, highlights, and senior videos.

**Team Dinner Coordinator:** Coordinate team dinners using a sign up method to include a host family and contributions (e.g. paper products, drinks, food dishes) from non-host families. Dinners will be organized mostly on Sunday evenings around 5:30 PM. Because of the roster sizes, most Junior Varsity and Varsity team dinners will be hosted separately.

**Picture Day Coordinator:** Coordinate date and time with Phil Pavely (photographer), organize players for pictures, communicate the procedure for purchasing items to parents, assist with ordering booster funded Memory Mates.

**Middle School Recognition Coordinator:** Coordinate recognition of middle school teams (White, Gold, Black) at a Varsity game. Includes organizing the program and script for this special evening, communicating with team parents to disseminate information for the expected routine.

**Ambassador Donations:** Spearhead donation drives for the Ambassador soccer Club for inner city youth coached by Len Muckle.

**Uniform Coordinator:** Inventory, distribute and collect team uniforms.

**Yard Signs/Decorations:** Organize ordering of yard signs for players, collect money and distribute; decorate mailboxes for playoffs or special occasions to promote team spirit

**Pack the Pitch/Soccerfest Coordinator(s):** We need 2 or 3 volunteers to coordinate Pack the Pitch/Soccerfest, which will be held on Saturday, September 10 at 4:30 against Hampton. This

event's purpose is to promote community and youth involvement, provide games and fun for future NABS athletes, collect donations for Ambassadors, and promote awareness of NABS soccer.

**Locker Room Renovations:** We are making some upgrades to the NABS locker room, and if you are handy or crafty we can use your help!

**Unified Booster Organization (UBO) Representative:** Represent NABS through the Unified Boosters of NA.

**Ball-Boy Coordinator:** Ball-boys are required by the host team for all JV and Varsity matches. Organize sign up of Ball Boy through Sign up Genius; maintain and ensure ball boys are covered for games.

## 11. TEAM PHOTOS

We are working to finalize dates for team photos and information will be circulated as soon as it is finalized. We are awaiting the arrival of the new uniforms and do not want to schedule team photos until the uniforms are distributed.

## 12. WEBSITE AND SOCIAL MEDIA

Information about the NABS program including schedules, rosters, news stories, and photos can be found in one of two places:

North Allegheny Sports Network, [The NA Athletics Department Website](#)  
The NABS Booster-maintained website, [www.natigersoccer.com](http://www.natigersoccer.com)

NABS also sponsors several student-run social media accounts:

NABS Alumni Facebook Group:  
<https://www.facebook.com/groups/nabsalumni>

NABS:Facebook Page: <https://www.facebook.com/North-Allegheny-Boys-Soccer-100272162794809>

Twitter:  
[@natigersoccer](#)

Instagram:  
[@natigersoccer](#)

MaxPreps, a resource for college athletics recruitment:  
<https://www.maxpreps.com/pa/wexford/north-allegheny-tigers/soccer/>

Please help us to promote the NABS program through our social media outlets!

### **13. IMPORTANT DATES**

- Thurs. 8/17:** Uniform distribution for JV/V at Blueberry Hill Park Picnic
- Thurs. 9/7:** Pack the Pitch/Soccerfest, activities scheduled around Varsity match vs. North Hills, Newman Stadium, 7:00 PM.
- Tues. 9/19:** Middle School Recognition Night, Varsity game vs. Seneca Valley, Newman Stadium at 7:30 PM. Participants will be supplied food and refreshments.
- Tues. 9/26:** Senior Recognition Night, Varsity match vs. Pine Richland, Newman Stadium, 7:30 PM.
- Thurs. 10/19:** WPIAL Playoffs begin, pending qualification. Schedule TBA.
- Fri. 11/2 - Sun. 11/4:** WPIAL Finals, Highmark Stadium. Schedule TBA.
- Tues. 11/7:** PIAA Playoffs begin, first round. Schedule TBA.
- Sat. 11/11:** PIAA Quarterfinals, Schedule TBA.
- Tues. 11/14:** PIAA Semifinals. Schedule TBA.
- Fri. 11/17 - Sat. 11/18:** PIAA Finals, Hershey Park Stadium
- Tues. 11/28:** NABS end-of-season banquet at the Chadwick, time TBA.

# PRE-SEASON CHECKLIST

1. **Attend tryouts.** Note that prospects that did not complete NASD pre-participation requirements will not be able to try out. Please refer to section 2.1 for tryout dates and times. Prospects must attend all three days of tryouts.

2. **Look out for roster announcements**

**Junior Varsity and Varsity Prospects:** Monitor the [NA Athletics website](#) on Weds. Aug. 16 for roster announcements. The NA Athletics department must certify the eligibility of all rostered athletes before rosters can be released.

**White, Gold, and Black Team Prospects:** Look for roster announcements made via TeamSnap sometime after the last day of tryouts.

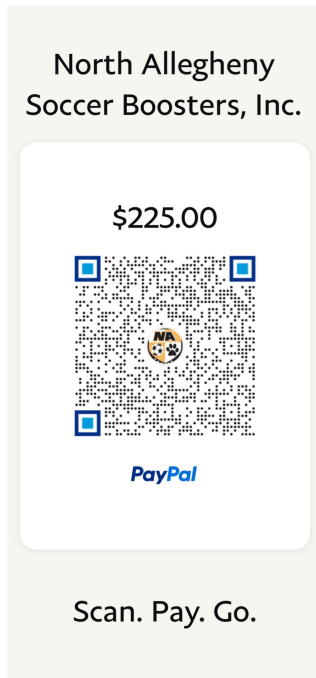
3. **Accept roster offer.** Acceptance of a roster offer is implicit unless Coach Montero is notified that your child is declining. Please let Coach Montero know ASAP if you are declining.

4. **Pay Booster Dues.** Payment of booster dues is required upon roster acceptance. Dues should be remitted by PayPal (preferred) or alternatively by personal check. Dues are \$225 for Junior Varsity and Varsity athletes, and \$125 for middle school (White, Black, Gold) rosters.

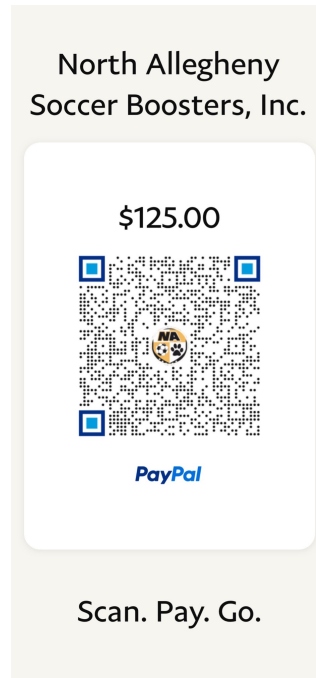
To pay via PayPal you can:

- Use this Link: [https://paypal.me/NABSboosters?country.x=US&locale.x=en\\_US](https://paypal.me/NABSboosters?country.x=US&locale.x=en_US)
- Send money to our Paypal ID: @NABSboosters
- Scan the corresponding QR codes below with your phone's camera:

**Varsity / JV Dues Code**



**Middle School Dues Code.**





## 5. **Collect Uniforms!**

**Junior Varsity and Varsity Prospects:** Uniforms will be distributed on Thursday, Aug 17 at Blueberry Hill Picnic from 3-5 PM. Each athlete should be prepared with the following:

- A \$225 check payable to NABS Boosters for your annual dues if you did not pay using PayPal
- A \$100 check payable to NABS Boosters for the uniform deposit/collateral (will not be cashed). Please do not remit this deposit using PayPal.

**Middle School Prospects:** Uniforms will be distributed during the week of Aug 21, details TBD. Each athlete should be prepared with the following:

- A \$125 check payable to NABS Boosters for your annual dues if you did not pay using PayPal
- A \$100 check payable to NABS Boosters for the uniform deposit/collateral (will not be cashed). Please do not remit this deposit using PayPal.

7. **Review Boosters Volunteer Roles in Section 10.** If you are interested in volunteering in any of these roles, please notify the Booster secretary Tammy Nash by email: [worldtravelers.nash@gmail.com](mailto:worldtravelers.nash@gmail.com) expressing your intentions to volunteer. You do not need to volunteer for concession stand duties- that is implicit by roster acceptance.

8. **Attend Parent Meeting** on Weds, August 16 at 7 PM in the Ponce Room of the Baierl Center for grades 9-12. We will go into more detail regarding the season's events, recruit volunteers for Boosters functions, and hear everyone's ideas and suggestions! There will be a separate meeting for parents of athletes in grades 7 and 8 after practice during the week of Aug 21.